

## Treatment Prices 2021



Treatment	Price US\$*	Price IDR**	Duration
Abhyanga	US\$ 35	IDR 490,000.00	60 min
Shirodhara	US\$ 45	IDR 630,000.00	55 min
Takradhara	US\$ 45	IDR 630,000.00	55 min
Pizhychil	US\$ 85	IDR 1,190,000.00	45 min
Dhanyamladhara	US\$ 50	IDR 700,000.00	40 min
Swedana	US\$ 25	IDR 350,000.00	30 min
Ayurvedic Facial	US\$ 30	IDR 420,000.00	60 min
Indian Head Massage	US\$ 35	IDR 490,000.00	60 min
Navarakizhi	US\$ 45	IDR 630,000.00	40 min
Elakizhi	US\$ 30	IDR 420,000.00	30 min
Basti (Decoction)	US\$ 30	IDR 420,000.00	30 min
Basti (Oil)	US\$ 20	IDR 280,000.00	20 min
Katibasti	US\$ 30	IDR 420,000.00	30 min
Urobasti	US\$ 30	IDR 420,000.00	30 min
Netrabasti	US\$ 30	IDR 420,000.00	30 min
Shirobasti	US\$ 50	IDR 700,000.00	45 min
Netra Prakshalana	US\$ 20	IDR 280,000.00	20 min

Treatment	Price US\$*	Price IDR**	Duration
Udvartanam	US\$ 40	IDR 560,000.00	40 min
Hair Mask	US\$ 25	IDR 350,000.00	30 min
Clay Mask	US\$ 28	IDR 392,000.00	30 min
Flower Bath	US\$ 12	IDR 168,000.00	20 min
Podikizhi	US\$ 45	IDR 630,000.00	40 min
Ear Candle	US\$ 15	IDR 210,000.00	30 min
Full Nasya	US\$ 20	IDR 280,000.00	30 min
Treatment Combination	Price US\$*	Price IDR**	Duration
Abhyanga+Shirodhara	US\$ 70	IDR 980,000.00	90 min
Abhyanga+Takradhara	US\$ 70	IDR 980,000.00	90 min
Abhyanga+Dhanyamladhara	US\$ 85	IDR 1,190,000.00	90 min
Abhyanga+Shirodhara+Elakizhy	US\$ 77	IDR 1,078,000.00	105 min
Abhyanga+Ubtan	US\$ 55	IDR 770,000.00	80 min
Abhyanga+Swedana	US\$ 55	IDR 770,000.00	90 min
Abhyanga+Ubtan+Swedana	US\$ 70	IDR 980,000.00	105 min
Abhyanga+Shirodhara+Swedana	US\$ 90	IDR 1,260,000.00	115 min
Abhyanga+Shirodhara+Ubtan	US\$ 90	IDR 1,260,000.00	105 min
Abhyanga+Shirodhara+Dhanyamladhara	US\$ 110	IDR 1,540,000.00	120 min
Abhyanga+Lepa+Swedana	US\$ 75	IDR 1,050,000.00	105 min

Treatment Combination	Price US\$*	Price IDR**	Duration
Lasika Shodana+Shirodhara	US\$ 75	IDR 1,050,000.00	90 min
Pizhychil+Shirodhara	_____	_____	_____
Abhyanga+Shirodhara+ Lepa+Swedana	US\$ 105	IDR 1,470,000.00	135 min
Abhyanga+Shirodhara+Navara	US\$ 95	IDR 1,330,000.00	120 min

Course of 3 x Treatments	Price US\$*	Price IDR**	Duration
Abhyanga+Shirodhara	US\$ 180	IDR 2,520,000.00	
Pizhychil	US\$ 195	IDR 2,730,000.00	
Shirodhara	US\$ 120	IDR 1,680,000.00	
Pizhychil+Shirodhara	US\$ 285	IDR 3,990,000.00	
All other Treatment Combinations	-10% on Treatment Combination Price	-10% on Treatment Combination Price	

Special Therapies	Price US\$*	Price IDR**	Duration
Lasika Shodana (Physician)	US\$ 100	IDR 1,400,000.00	60 min
Lasika Shodana (Therapist)	US\$ 40	IDR 560,000.00	60 min
Marma Therapy	US\$ 90	IDR 1,260,000.00	60 min
Theta Healing	US\$ 105	IDR 1,470,000.00	60 min

Ayurvedic Consultations	Price US\$*	Price IDR**	Duration
Full Assessment	US\$ 105	IDR 1,470,000.00	45 min - 60 min
Full Assessment (KITAS)	_____	IDR 1,257,861.00	45 min - 60 min
Follow-Up Consultation	US\$ 52.50	IDR 735,000.00	30 min
Short Assessment	US\$ 30	IDR 420,000.00	per each 15 min
Skype Consultation	US\$ 105	IDR 1,470,000.00	45 min - 60 min

Coaching	Price US\$*	Price IDR**	Duration
Individual	US\$ 200	IDR 2,800,000.00	2 x 60 min
Couples	US\$ 300	IDR 4,200,000.00	2 x 90 min
Individual (10 hours)	US\$ 900	IDR 12,600,000.00	10 hours
Couples (10 hours)	US\$ 900	IDR 12,600,000.00	10 hours

Yoga Tuition	Price US\$*	Price IDR**	Duration
One-to One	US\$ 100	IDR 1,400,000.00	75 min
Executive	US\$ 150	IDR 2,100,000.00	90 min
Group Class (drop-in)	US\$ 10	IDR 140,000.00	60/75 min
10 x One-to-One	US\$ 900	IDR 12,600,000.00	10 x 75 min
10 x Group Class	US\$ 90	IDR 1,260,000.00	10 x 60/75 min

Other	Price US\$*	Price IDR**	Duration
Meditation One-to One	US\$ 60	IDR 840,000.00	45 min
Cooking Class	US\$ 25	IDR 350,000.00	90 min

\* US \$ Prices are not inclusive of 6% Service Charge and 12,5% Government Tax.

\*\* IDR Prices are not inclusive of 6% Service Charge and 12,5% Government Tax and may change without prior notice due to currency fluctuations.